

Curriculum

Due to the highly customized training that each student receives, it is difficult to segment the art into a rigid learning program. It is through constant exposure to variation that a student develops the ability to synthesize his or her own technique as is needed.

In preliminary stages, this begins with the student learning various skills outlined in a publication titled the Ten Chi Jin Ryaku no Maki. This is supplementary instructor's manual originally published by Soke Hatsumi for use by his instructors worldwide. It outlines the basic unarmed techniques used in Ninjutsu training. The students will learn skills from Traditional Kempo, Ninjutsu, Kali, and Jeet Kune Do.

忍術

Let us for a moment examine the term Ninjutsu. What does it mean? Let us begin with the Japanese word Nin (the first syllable of the word Ninjutsu).

The closest translation, which might portray the meaning of this symbol, is the single English word patience. The term jutsu refers to a technique, method, or way. When we combine these two words together to form Ninjutsu, what we then have are the studies and techniques of patience. Only by culturing this patient philosophy is it possible to fully understand the way of the martial arts in general. Which brings us to Bujutsu. The jutsu here is the same as in the previous combination, the Bu symbol though translated from Japanese to English refers to the way of battle, the way of engagement, how to stop the spear, the combining of things. When these symbols are brought together we see the way of engagement in how things combine. It is this which represents the true essence of martial arts training.

武術

Taijutsu

体術

This field of study (originally koshi no mawashi, or turning hips) forms the core of the curriculum. Translated as "body movement", taijutsu is the foundation upon which all of the techniques are applied from.

Out of this field of study come three more specific fields of study.

- Dakentaijutsu (kicking, punching, and other striking skills)
- Jutaijutsu (grappling, wrestling, throwing, locking, and other close contact fighting skills)
- Taihenjutsu (body movement skills, such as rolling, jumping, and other evasion manoeuvres)

Henka

変化

Due to the highly dynamic nature of combat and conflict in general, each student's learning program is specially customized and individualized to provide the student with the most effective program for his or her needs. Through specialized and personalized training a student is able to continually grow and expand his or her skill, as no one fixed form will be sufficient to resolve any form of conflict, internal or external, this is known as henka or variation.

Some suggested readings that aid a students learning program are: Contemporary and traditional Ninpo Tai jutsu by Jason DeJong, Secrets of the Samurai by Ratti and Westbrook, History and Tradition by Masaaki Hatsumi, Art of Strategy by R.L. Wing In addition to the suggested readings, I would also recommend video's by both Masaaki Hatsumi and Datu Kelly Worden.

Training is conducted without forced respect. This helps create an environment where students are able to communicate more effectively with instructors and other students, and encourages creativity. Beyond the benefits of fitness, discipline and self-defence there is much the martial arts have to offer. Through a realistic approach to combat and customized learning programs, students are continuously encouraged to expand and develop much more than combative skills. It is not possible to describe all the arts have to offer someone looking to expand their personal horizons, and this is why we would like to invite anyone who would like to know more information to make an appointment and come visit us. Appointments can be made by contacting the Instructor.

Rod Coulter
403.589.0223