

The Martial connection is a connection of multiple styles flowing together. Taught by Sensei Rod Coulter, with over 20 years Martial Arts experience. Curriculum covers single stick Modern Arnis, Close-Quarter Kali, Double Stick Escrima, Kuntao - Trapping, Combat Knife, Double Knife, Staff - Sibat, Defensive Tactics, Renegade Jeet Kune Do, Ninjutsu and much, much, more. Rod Has Trained with Datu Kelly Worden, Grandmaster Hatsumi Sensei and Ninjutsu Master Sensei Jay Creasey Who brought Ninjutsu to Western Canada over 15 years ago. As the former weapons editor for Full Contact and Fighting Knives magazines, Mr. Worden has been the author of numerous articles, books and videos on reality based self-defense and weapons training.

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Class Information

Co-ed Classes:

This class will include all levels of students from the beginners to those with years of training. This class follows a Modern Arnis and classic Ninjutsu format.

Women's Self-defense:

This unique class offers practical awareness and self-defense for everyday situations. Class structure is in a relaxed and an inviting atmosphere.

Children's Martial arts:

This class is great for kids aged 6 and up. It helps to build character, respect, confidence, discipline, better grades and creativity.

Private Training:

Private training is available for individuals or small groups. Tactical knife and baton also available for Police and Military.

Pricing:

Co-ed Class:
\$60 per month

Women's Self-Defense:
\$60 per month

Children's Martial Arts:
\$40 per month

Private Training:
Talk to Rod for Details.



Spirit Fitness
Natural Spirit International
Modern arnis, Kali, Ninjutsu
Stick Combatives, Knife Tactics

